Fun 4 Kids

**Camps**

[**AbilityFirst Camp Paivika**](http://camppaivika.org/)  
Offers year round programs for children, teens, and adults with physical and developmental disabilities. Camp Paivika has been welcoming campers since 1947, and is fully accredited by the American Camping Association. Our camping program encourages independence and broadens social contacts through recreation.

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[**Actors For Autism**](http://www.actorsforautism.com/)

Located in Los Angeles County, California, Actors for Autism runs both at Film Camp and an Animation Camp for autistic children and their typical developing peers. In the Film Camp children learn to develop a script and create a storyboard of their idea, they learn how to coordinate the props, costumes, direct, produce, do lights, videotape and edit their movie. The camp concludes with a Wrap Party where everyone gets a chance to show their completed movie to family and friends. In the Animation Camp children learn how to create an animation short using stop motion animation. They design title cards, backgrounds, props and characters add sound and voice overs and get a chance to preview their completed animated short for family and friends at the conclusion of the camp. Camp Dates are August 2 thru August 6, 2010 and August 9 thru August 13, 2010. Each camp runs from 10:00 a.m to 3:00 p.m Monday through Friday. The cost of one week of camp is $500.00 per child and scholarships are available. Actors for Autism offers Summer Camp in two locations in and around Los Angeles, California.

**Actors for Autism (West Valley)**  
18344 Oxnard Street, Suite 101  
Tarzana, CA 91356

**Actors for Autism (East Valley)**  
517 Commercial Street  
Glendale, CA 91203

Phone Number  
(877) ACT-7006  
(818) 705-1600

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[**California Lions Camp**](http://www.californialionscamp.org/)  
Committed to providing special needs children of California and Nevada a safe haven to experience at California Lions Camp

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[**Camp Beyond the Scars**](http://www.burninstitute.org/bss/programs/camp.html)  
Camp Beyond the Scars consists of a three-day winter camp and a weeklong summer camp. Both camps provide a relaxed social setting, which offers burn-injured children the support and counseling needed to establish and enhance their self-esteem. Campers learn that there are other children who have had the same unfortunate experience. The camp has proven to be a positive, special experience for young burn survivors.

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[**Camp Bloomfield**](http://www.juniorblind.org/site/camp-bloomfield)  
Junior Blind of America’sCampBloomfield provides children and youth who are blind, visually impaired or multi-disabled with a natural and safe environment to develop self-esteem, build independence and fully experience the joys of childhood. Nestled in the Santa Monica Mountains in Malibu, this 40-acre campground offers various weeklong camp sessions for children of all ages and disabilities.

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[**Camp Coelho & Camp Quest**](http://www.epilepsysandiego.org/index.asp?f=camp)  
Summer Camp For Children with Epilepsy & Seizure Disorders Ages 8 – 15.

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[**Via West Campus**](http://www.viaservices.org/content/west-campus-formerly-camp-costanoan) (formerly Camp Costanoan)  
A residential, respite and recreational camp for children and adults, ages 5 and older, with physical and/or developmental disabilities.

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[**Camp Christian Berets**](http://www.christianberets.org/)  
Offers unique, creatively crafted week long Summer Camps, designed to meet the special needs of persons with disabilities. We also offer Retreats tailored for our disabled guests on several weekends throughout the year.

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[**Camp Grizzly**](http://www.norcalcenter.org/?page=otherprograms&other_page=campgrizzly)  
For children between age 7 and 17 who are Deaf or hard of hearing, hearing but has deaf or hard of hearing parents or hearing but has deaf or hard of hearing siblings.

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[**Camp Krem**](http://www.campingunlimited.com/)  
Provides summer camp for children and adults with developmental disabilities, such as Down Syndrome, Autism, and Cerebral Palsy.

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[**Camp Okizu**](http://www.okizu.org/)  
Offers the unique opportunity for children with cancer (and their siblings) to learn independence, nourish positive self-esteem and gain skills they never thought were possible.

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[**Camp ReCreation**](http://www.camprec.org/)  
Provides a residential summer camp program which offers participants with developmental disabilities opportunities for fun, social interaction, skill development, and spiritual growth while increasing the awareness and acceptance of our participants in the larger community.

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[**Camp Sunshine Dreams**](http://www.campsunshinedreams.com/)  
For the child who has cancer a camp experience as similar as possible to the typical summer camp experience enjoyed by well children.

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[**Camping Unlimited**](http://www.campingunlimited.com/)  
A residential camp for children with developmental disabilities in Northern California in the Santa Cruz Mountains.

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[**Camp Ronald McDonald at Eagle Lake**](http://www.campronald.org/)  
A fully accessible residential summer camp for children who are ‘at-risk’ with a variety of special medical needs, economic hardship and/or emotional, developmental or physical disabilities.

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[**Camp Ronald McDonald for Good Times**](http://www.campronaldmcdonald.org/)  
The mission to create a positive, long-lasting impact on children with cancer and their families by providing fun-filled, medically supervised, cost-free, year-round camp programs.

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[**Camp Rubber Soul**](http://www.camprubbersoul.org/)  
To provide a unique recreational camp, integrating children with special needs and youth counselors to experience friendship, understanding, acceptance and allow respite for families and caregivers.

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[**Firefighters Kids Camp**](http://www.ffburn.org/)  
Supports burn injured children by helping them to foster a positive outlook towards their future and their burn rehabilitation. Activities include rafting, swimming, boating, hiking, fishing, biking, rock climbing, astronomy, arts and crafts, campfire songs, games and more! The camp staff, activities and support programs have all been selected to meet the special needs of the young burn survivors while still allowing the kids to enjoy a traditional summer camp setting.

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[**Jay Nolan Community Services Family Support**](http://www.jaynolan.org/)

Jay Nolan offers an inclusive overnight Summer Camp program for children with Autism and their non disabled peers in a caring fun environment. Children have the opportunity to engage and interact with their non disabled peers in a typical camp setting with lots of fun recreational and craft activities. Due to the recent change in Regional Center Funding for camp Jay Nolan is only offering one camp session from July 25-30, 2010. The cost for camp is $880.00 for campers with disabilities and $500.00 for campers without disabilities. Additional fees may apply if the camp director determines additional support or supervision is needed. Only campers between the ages of 8 and 15 will be accepted.

**Jay Nolan Community Services Family Support**  
15501 San Fernando Mission Blvd., Suite 200  
PO Box 9604 Mission Hills, CA 91346-9604  
Phone  
818-361-6400 Ext. 107  
818-365-5523 fax  
Email: todd@jaynolan.org

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[**Kris Camp**](http://www.kriscamp.org/)  
3359 Creek Road  
Salt Lake City, UT 84121  
801-733-0721

Email: [info@kriscamp.org](mailto:info@kriscamp.org)

Kris Camp is a therapy-intensive, a respite camp for children with Autism and their families which is held in Idyllwild, California in Malibu, California. The focus of Kris Camp is to provide autistic children with 6 hours per day of intensive one-on-one and group therapy in a relaxed camp like setting. During the six hours non disabled siblings can attend sibling camp and participate in a variety of camp activities. Parents are provided with respite during therapy and sibling camp, and pick their kids up at the end of each therapy day. In addition to parent have the opportunity to meet with therapists and other parents over dinner several nights during their stay. Supervision of children is provided so that parents can enjoy a relaxed chat time free from distractions. Kris Camp is held two to three weeks a year in California with additional dates in Arizona and Connecticut. California summer Camp dates are June 8 -11 in Malibu, California, June 17 – 23 and June 24 – 30 California.inIdyllwild, The cost of camp ranges from $800.00 for the Malibu Camp and $2250.00 plus lodging for the Idyllwild Camps. Partial camp scholarships are available on a first come, first served basis. Ages 4- 15 are served by Kris Camp.

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[**Painted Turtle**](http://www.thepaintedturtle.org/)  
A Hole-In-The-Wall Gang camp for seriously ill children.

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[**Tikvah program at Camp Ramah**](http://www.ramah.org/pr_tikvah.shtml)  
Designed for Jewish adolescents, ages 11 to 18, with learning, emotional, and developmental disabilities.

**Games and Activities**

* [Activities](http://www.education.com/magazine/article/10-activities-children-autism/)
* [Autism Games](https://sites.google.com/site/autismgames/)
* [Autism Speaks](http://www.autismspeaks.org/family-services/resource-library/toys-games)
* [Autism World](http://www.autism-world.com/index.php/2008/12/23/the-best-games-for-autistic-children/)
* [Farming Independence](http://farmingindependence.org/)
* [Whiz Kid](http://www.whizkidgames.com/)

**Organizations Advocating Through Activites**

* [Surfers 4 Autism](http://www.surfersforautism.org/)
* [Surfers Healing](http://www.surfershealing.org/)
* [Surfers Way](http://www.surfersway.org/)
* [The Help Group](http://www.thehelpgroup.org/?gclid=CNCC58fZlbUCFWPhQgod72MAQA)
* [The Miracle Project](http://www.themiracleproject.org/)
* [Train 4 Autism](http://train4autism.org/)

**Recreational Activities**

**Angels Playground**

**Website:**[www.angelsplayground.org](http://www.abilityfirst.org/)  
**Address:** 885 Junipero Dr., Costa Mesa.  
**Description :** Universally accessible playground.

**Beach Wheelchairs**

**Website:**[www.coastal.ca.gov](http://www.casacolina.org/)  
**Address:**Orange County and Los Angeles  
**Description:**Beach wheelchairs are equipped with large, wide wheels which can roll across the sand without sinking. They usually require users to be accompanied by someone pushing them, although several California locations offer motorized chairs which may be self propelled. There are many beaches listed in Orange County that lend wheelchairs free of charge. Also available is a book titled “A Wheelchair Riders Guide to the LA and Orange County Coast”. This can be downloaded at the above website.

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**Garden Grove Sports and Recreation Center**

**Phone:**(714) 889-5782  
**Website:**[www.ci.garde-ngrove.ca.us](http://www.ci.garden-grove.ca.us/)  
**Address:**13641 Deodara Drive, Garden Grove  
**Description:**Gym sports and socializing with friends are offered to all, regardless of age or disability.

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**Goodwill Fitness Center**

**Phone:**(888) OCFITCENTER  
**Website:**[www.ocgoodwill-fitnesscenter.org](http://www.ocgoodwill-fitnesscenter.org/)  
**Address:**1601 E. St. Andrews Pl., Santa Ana  
**Description:**OrangeCounty’s only fully-accessible fitness center designed for people living with physical disabilities and chronic illness.

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**Horseback Riding – Back Bay Therapeutic Riding Club, Inc.**

**Phone:**(949) 474-7329  
**Website:**[www.backbaytrc.org](http://www.backbaytrc.org/)  
**Address:**20262 Cypress St., Newport Beach, CA 92660  
**Description:**The Back Bay Therapeutic Riding Club is a non-profit organization dedicated to improving the bodies, minds and spirits of children, youth and adults with physical and/or developmental disabilities through therapeutic horseback riding lessons and other unique activities.

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**Horseback Riding – Manely Fields**

**Phone:**(714) 777-9095  
**Email:**[pettime@pcmagic.net](mailto:pettime@pcmagic.net)  
**Address:**18461 Shady Knoll, Yorba Linda  
**Description:**Recreational activities combined with therapeutic horseback riding for children with special needs.

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**Horseback Riding – Ride Your Horse! Therapeutic Riding Program**

**Phone:**(714) 292-3563  
**Website:**[www.rideyourhorse.com](http://www.rideyourhorse.com/)  
**Address:**B&B Stables, 10730 Artesia Blvd., Cerritos, CA 90703  
**Description:**Provides lessons for ages 3 to adults. The goal is to promote self-growth of a child and/or adult through the interaction with a loving horse.

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**Horseback Riding – Shea Therapeutic Riding Center**

**Phone:**(949) 240-8441  
**Website:**[www.sheacenter.org](http://www.sheacenter.org/)  
**Address:**26284 Oso Road, San Juan Capistrano  
**Description:**Full-time program of adaptive and therapeutic horseback riding for ages two and older of all disabilities.

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**Horseback Riding – Therapeutic Riding Center of Huntington Beach**

**Phone:**(714) 848-0966  
**Website:**[www.trchb.org](http://www.trchb.org/)  
**Address:**Classes held at Huntington Central Park Equestrian Center: 18381 Goldenwest St., Huntington Beach  
**Description:**Adaptive Horseback riding lessons offered to ages four and older of most disabilities.

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**New Directions Holiday and Vacation Travel**

**Phone:**(800) 967-2841  
**Website:**[www.newdirectionstravel.com](http://www.newdirectionstravel.com/)  
**Address:**5276 Hollister Ave., Suite 207, Santa Barbara  
**Description:**Holiday and vacation travel offered to people ages 13 and older with all disabilities.

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**Outdoor – CASA Colina Centers for Rehabilitation Outdoor Adventures**

**Phone:**(909) 596-7733, ext 2200  
**Website:**[www.casacolina.org](http://www.casacolina.org/)  
**Address:**255 East Bonita Ave., Pomona  
**Description:**Outdoor recreational activities for individuals with disabilities. Age depends on specific trip and ability level. Activities include hand cycling, scuba diving, sky diving, fishing, surfing, kayaking, water skiing, jet skiing, camping, rock climbing.

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**Park – Barrier Free Park in Santa Ana**

**Address:**Carl Thornton Park In Santa  
**Description:**Established in 1993 by the Kiwanis Club of Santa Ana, provides disabled kids the chance to engage in a range of recreational activities. A wheelchair accessible sports court – the Raul Ayala Sports Court – is the latest addition.

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**Power Play MD OC/Pediatric Weight Management**

**Phone:**1-877-LEAN-KIDS (532-6543)  
**Website:**[www.leankids.net](http://www.leankids.net/)  
**Address:**Batavia Woods Medical Center 805 W. La Veta Ave., Suite 207, Orange, CA 92868  
**Description:**Fully staffed facility for ages 4-19. They offer 8-week, intensive programs that run through the year. Bilingual.

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**Sailing – Access to Sailing**

**Phone:**(562) 433-0561  
**Website:**[www.accesstosailing.org](http://www.accesstosailing.org/)  
**Email:**[info@accesstosailing.org](mailto:info@accesstosailing.org)  
**Address:**Long Beach at Shoreline Village  
**Description:**Offers participatory programs for physically, mentally and developmentally challenged children and adults.

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**Sailing – Heart of Sailing**

**Phone:**(812) 935-7245  
**Website:**[www.heartofsailing.org](http://www.accesstosailing.org/)  
**Email:**[gsaidah@heartofsailing.org](mailto:info@accesstosailing.org)  
**Address:**P. O. Box 486, Dana Point, CA 92629  
**Description:**A not-for-profit foundation that provides the therapeutic and recreational sailing experience to special needs children and adults along with their families – for free.

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**Yoga – Yoga at the Children’s Therapy Center**

**Phone:**(714) 892-6828  
**Website:**[www.thechildrenstherapycenter.com](http://www.thechildrenstherapycenter.com/)  
**Address:**12881 Knott St., Ste 103, Garden Grove  
**Description:**Inclusive yoga classes promote flexibility, strength, balance, posture, and concentration for ages five and older.

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**Yoga – Yoga with Julie**

**Contact:** Julie Ford Reister  
**Phone:** (949) 689-7718  
**Email:** [juliereister@mac.com](mailto:juliereister@mac.com)  
**Address:**classes held at UCP-OC, DSAOC, Newport Beach, and can teach one-on-one and in-home as well.  
**Description:**Tune in, chill out, shape up and experience a sense of calm and well being through Yoga! All ages, all abilities welcome. Students will move, focus and relax with structure and deliberation, without judgment.

**Sports**

**Ability First**

**Phone:** (714) 821-6510 – Call for activities near you.  
**Website:**[www.abilityfirst.org](http://www.abilityfirst.org/)  
**Address:** Programs available in Long Beach, Anaheim, and Costa Mesa.  
**Description :** Provides a variety of recreational activities including field trips, bowling, swimming, theatre, and Special Olympics training. Ages 5 years and up.

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**Baseball – Challenger Division of Little League Baseball**

**Phone:** (909) 887-6444  
**Website:**[www.littleleague.org](http://www.littleleague.org/Little_League_Online.htm)  
**Address:** Various cities. Phone number above connects you to the Western Regional headquarters in San Bernardino. Call for current challenger teams.  
**Description:** Girls and boys with all disabilities. Ages 5 to 18 or completion of high school.

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**Baseball – Miracle League of Orange County**

**Phone:** Steel Morris (714) 713-2512  
**Fax:**(949) 369-9069  
**Website:** [www.miracleleague.net](http://www.miracleleague.net/)  
**Email:**[info@miracleleague.net](mailto:info@miracleleague.net)  
**Description:** The Miracle League of Orange County is a non-profit organization that  
gives children and adults with physical and mental disabilities the  
The opportunity to play the great game of baseball.

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**Basketball – Hoopstars Basketball**

**Website:** [www.hoopstarsbb.org](http://www.hoopstarsbb.org/)  
**Email:**Robin Preston: [hoopstarsbb@adelphia.net](mailto:hoopstarsbb@adelphia.net)  
**Address:**North Orange County  
**Description:** The Hoopstars Basketball League was created to provide a social environment for children and adults with challenges, to participate on basketball teams in a way that instills a sense of accomplishment, teamwork, and competition, so that they have an opportunity to learn the game, increase physical activity, and enhance their self esteem.

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**Basketball – Shooting Stars Basketball League for Youth with Special Needs**

**Phone:**(714) 374-1701  
**Website:**[www.ci.huntington-beach.ca.us](http://www.ci.huntington-beach.ca.us/)  
**Address:**Huntington Beach and surrounding cities  
**Description:** For boys and girls ages 6 to 21 years. The league includes 6 weeks of instructional play and supervised games, as well as team shirts and awards for all players..

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**Basketball – Yorba Linda Challenger Division**

**Website:** [www.yorbalindabasketball.com](http://www.yorbalindabasketball.com/)  
**Email:**John Christensen: [john.christensen@mindspring.com](mailto:john.christensen@mindspring.com)  
**Description:** The Challenger Division will be tailored to the needs of each individual special needs child. There will be activities to develop skills, learn teamwork, and advance to games.

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**Bowling – Bowling Leagues at Saddleback Lanes**

**Phone:** (949)586-5300  
**Website:** [www.bowlsaddleback.com](http://www.bowlsaddleback.com/)  
**Address:** 25402 Marguerite Parkway, Mission Viejo  
**Description:** Adaptive weekly bowling leagues for all disabilities ages 6-21 during the months of June, July and August. Tournaments throughout South OrangeCounty.

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**Bowling – Kingpin Bowling League at Irvine Lanes**

**Phone:** (949)724-6637  
**Website:** [www.irvinedisabilityservices.org](http://www.irvinedisabilityservices.org/)  
**Address:** 3415 Michelson Drive, Irvine  
**Description:** Adaptive bowling for all disabilities ages 6 and older. Two sessions: Feb-June and Sept-Dec.

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**Bowling – Super Sports Bowling in Yorba Linda**

**Phone:** (714)777-3818  
**Address:** Yorba Linda Bowl – 18171 Imperial Hwy, Yorba Linda, CA  
**Description:** Super Sports Bowling is for all ages. They meet Wednesday at 4:00pm and the cost is $5 for 2 games.

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**California Condors**

**Phone:** (310)792-4794  
**Website:** <http://www.calspecialhockey.com/>  
**Description:** the first ever ice hockey program in Southern California for children and young adults with developmental disabilities

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**City of Irvine Disability Services Recreation**

**Phone:** (949)724-6637  
**Website:** [www.irvinedisabilityservices.org](http://www.irvinedisabilityservices.org/)  
**Description:** Sports Leagues – participate in various sports in 4 week sessions for ages 7-12.

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**Football/Cheer – Pop Warner Challenger Football and Cheer**

**Phone:**(714) 687-5089 & for Huntington Beach (714) 964-7812  
**Website:**[www.popwarneroec.com](http://www.popwarneroec.com/) or [www.hbpwf.org](http://www.hbpwf.org/)  
**Email:**[president@hbpwf.org](mailto:president@hbpwf.org) or [paulloflin@earthlink.net](mailto:paulloflin@earthlink.net)  
**Description:**Pop Warner sanctioned flag football and cheerleading for developmentally disabled children ages 6-15 yaers. Players get a jersey, cheerleader receive a uniform and all kids get a trophy. Cities participating: Cypress, Fullerton, Huntington Beach, Lakewood, Long Beach, Pasadena, Tustin, Santa Ana, Santa Margarita and South Coast.

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**Garden Grove Sports and Recreation Center**

**Phone:**(714) 889-5782  
**Website:**[www.ci.garde-ngrove.ca.us](http://www.ci.garden-grove.ca.us/)  
**Address:**13641 Deodara Drive, Garden Grove  
**Description:**Gym sports and socializing with friends are offered to all, regardless of age or disability.

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**Gymnastics – Big Fun Gymnastics**

**Phone:**(310) 837-7849  
**Website:**[www.bigfungymnastics.com](http://www.bigfungymnastics.com/)  
**Address:**Call for location near you  
**Description:**Gymnastics and therapy services offered to children of all ages with any disability. Other Big Fun programs include indoor soccer, martial arts, roller blading and biking.

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**Gymnastics, Dance, & Theater, Track & Field – Us Too Gymnastics**

**Phone:**(949) 716-1970  
**Website:**[www.UsTooGymnastics.org](http://www.ustoogymnastics.org/)  
**Address:**25 Spectrum Pointe Drive, Suite 405, Lake Forest, CA 92630  
**Description:**Dedicated to teaching gymnastics to children with high-functioning disabilities by providing a safe place for social interaction and physical activity and building of parent support groups.

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**Horseback Riding – Back Bay Therapeutic Riding Club, Inc.**

**Phone:**(949) 474-7329  
**Website:**[www.backbaytrc.org](http://www.backbaytrc.org/)  
**Address:**20262 Cypress St., Newport Beach, CA 92660  
**Description:**The Back Bay Therapeutic Riding Club is a non-profit organization dedicated to improving the bodies, minds and spirits of children, youth and adults with physical and/or developmental disabilities through therapeutic horseback riding lessons and other unique activities.

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**Horseback Riding – Manely Fields**

**Phone:**(714) 777-9095  
**Email:**[pettime@pcmagic.net](mailto:pettime@pcmagic.net)  
**Address:**18461 Shady Knoll, Yorba Linda  
**Description:**Recreational activities combined with therapeutic horseback riding for children with special needs.

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**Horseback Riding – Ride Your Horse! Therapeutic Riding Program**

**Phone:**(714) 292-3563  
**Website:**[www.rideyourhorse.com](http://www.rideyourhorse.com/)  
**Address:**B&B Stables, 10730 Artesia Blvd., Cerritos, CA 90703  
**Description:**Provides lessons for ages 3 to adults. The goal is to promote self-growth of a child and/or adult through the interaction with a loving horse.

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**Horseback Riding – Shea Therapeutic Riding Center**

**Phone:**(949) 240-8441  
**Website:**[www.sheacenter.org](http://www.sheacenter.org/)  
**Address:**26284 Oso Road, San Juan Capistrano  
**Description:**Full-time program of adaptive and therapeutic horseback riding for ages two and older of all disabilities.

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**Horseback Riding – Therapeutic Riding Center of Huntington Beach**

**Phone:**(714) 848-0966  
**Website:**[www.trchb.org](http://www.thelocalhb.com/HB_locals/TRC.html)  
**Address:**Classes held at Huntington Central Park Equestrian Center: 18381 Goldenwest St., Huntington Beach  
**Description:**Adaptive Horseback riding lessons offered to ages four and older of most disabilities.

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**Karate – Karate For All**

**Phone:**(949) 293-4430  
**Website:**[www.karateforall.org](http://www.karateforall.org/)  
**Address:**Various locations in OC  
**Description:**This is a program developed specifically for children with special needs, ages 4 and up. The basics of self-defense techniques are taught including kicking, punching, and blocking. Karate benefits, gross motor, sensorimotor, cognitive and psychosocial functioning. Wayne Centra, MOTR/L, is the Instructor with over 20 years of martial arts experience and a black belt degree.

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**Hockey- Pasadena Maple Leafs**

**Phone:**(626) 578-0800

**Website:** http://www.pasadenahockey.net/

**Email:**[iceskate@skatepasadena.com](mailto:iceskate@skatepasadena.com)

**Address:**Pasadena Ice Skating Center

**Description:**The Pasadena Maple Leafs Hockey Club (PML) established in 1964 and exists to create character, courage and citizenship through a youth ice hockey program and family friendly atmosphere. We are committed to using sport, teamwork, camaraderie, recreation and athleticism to facilitate the superior development of youth hockey players, in an environment that is educational, inspirational and promotes the development of player skills, tactics and systems. We endeavor to have our players master the skills of the game by acquiring the right physical, mental and social skills.

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**Sailing – Access to Sailing**

**Phone:**(562) 433-0561  
**Website:**[www.accesstosailing.org](http://www.accesstosailing.org/)  
**Email:**[info@accesstosailing.org](mailto:info@accesstosailing.org)  
**Address:**Long Beach at Shoreline Village  
**Description:**Offers participatory programs for physically, mentally and developmentally challenged children and adults.

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**Sailing – Heart of Sailing**

**Phone:**(812) 935-7245  
**Website:**[www.heartofsailing.org](http://www.accesstosailing.org/)  
**Email:**[gsaidah@heartofsailing.org](mailto:info@accesstosailing.org)  
**Address:**P. O. Box 486, Dana Point, CA 92629  
**Description:**A not-for-profit foundation that provides the therapeutic and recreational sailing experience to special needs children and adults along with their families – for free.

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**Skating – Ice Skating at Orange County Ice Palace**

**Phone:**(714) 692-8776, ext 21  
**Website:**[www.ocicepalace.com](http://www.ocicepalace.com/)  
**Address:**23641 La Palma, Yorba Linda Map It  
**Description:**Ice Skating for individuals of all ages. No charge for disabled and wheelchairs are accessible to the ice. Please call for skating times. Reservations required.

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**Soccer – AYSO V.I.P Division**

**Phone:**Margie Close 1-800-872-2976, Ext. 5472  
**Website:**[www.soccer.org](http://www.soccer.org/)  
**Address:**V.I.P. Teams in various locations  
**Description:**Adaptive Soccer offered to children of all disabilities, ages 4-19.

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**Soccer – Rancho Santa Margarita Soccer Club – TOP Soccer**

**Phone:**(949) 858-3241  
**Website:**[www.rsmsc.com](http://www.rsmsc.com/)  
**Address:**Rancho Santa Margarita  
**Description:**A national soccer program for children ages 4-14 without significant physical disability as games are played on regular soccer fields.

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**Soccer – US Youth Soccer/TOP Soccer**

**Phone:**Sandy Castillo (714)524-3354  
**Address:**Placentia  
**Description:**Community-based soccer program for players with physical and/or mental disabilities. Ages 3 and up accepted.

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**Softball – Laguna Niguel Girls Softball**

**Phone:**(949) 495-4972  
**Website:**[www.lngs.org](http://www.lngs.org/)  
**Address:**Laguna Hills Middle School, Laguna Niguel  
**Description:**Softball Program for mentally and/or physically challenged girls, ages approximately 10-20.

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**South County Sports**

**Phone:**Darrell Burnett (949) 249-2882  
**Description:**Basketball, baseball and soccer

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**Special Olympics – Orange County Division**

**Phone:**(714) 564-8374  
**Website:**[www.sosc.org](http://www.sosc.org/)  
**Address:**2080 N. Tustin Ave., Santa Ana  
**Description:**Year-round sports training and athletic competition for people ages 8-80. Programs are offered to either those with only intellectual disability or to those with both intellectual and physical disability.

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**Spirit League**

**Phone:**(949) 498-2340  
**Website:**[www.spiritleague.org](http://www.spiritleague.org/)  
**Address:**Parks in South Orange County  
**Description:**Sports for elementary through middle school aged children who are ambulatory and have the emotional ability to participate but have difficulty keeping up with their peers. Soccer, basketball and softball are offered at different times throughout the year.

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**S.T.A.R. Program at Boys and Girls Club of Tustin**

**Phone:**(714)838-5223  
**Website:**[www.bgctustin.org](http://www.bgctustin.org/)  
**Address:**580 W. 6th Street, Tustin 92780  
**Description:**Includes children ages 5-18 with and without disabilities in recreation, sports, art, education and other activities.

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**Swimming – Laura’s Water Otters**

**Phone:**(949) 533-1141  
**Email:**amptherapies@cox.net  
**Address:**Foothill Ranch  
**Description:**Therapeutic swimming lessons taught by Laura Stutz, Pediatric Occupational Therapist, having particular experience with children having sensory integration dysfunction. Both typical children and children with special needs are welcome.

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**Swimming – RIO Rehabilitation Institute of Southern California**

**Phone:**Roseli Croopneck (714) 532-3916 or (714) 633-7400 ext. 241  
**Website:**[www.rio-rehab.com](http://www.rio-rehab.com/)  
**Address:**1800 E. La Veta, Orange, CA 92866  
**Description:**The Aquatic Department provides adaptive swim lessons exclusively to persons with special needs (i.e. Physical, emotional, cognitive, learning or any debilitating disability.) Private and semi-private lessons are offered and designed to meet the individual need of the participant. Lessons vary in length depending on what program you choose. We reserve the right to require a medical note and/or school IEP for diagnosis purposes.

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**Swimming – Swimming by Joelle**

**Phone:**Joelle at (949) 650-8760  
**Address:**Your pool or Joelle’s pool.  
**Description:**Joelle has over 15 years of experience. Certified by American Red Cross. Class times vary.

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**Tennis (Wheelchair) – Wheelchair Tennis – Dee Henry, Coach**

**Phone:**(562) 944-0351, ext. 5931  
**Website:**[www.biola.edu/tennis](http://www.biola.edu/tennis)  
**Address:**Biola University, La Mirada  
**Description:**Dee Henry, Biola tennis coach, has had experience working with a number of wheelchair users, helping them to experience the game of tennis. A wheelchair tennis program exists at this college (check out the website), as well as Ms. Henry is available for individual lessons. Appropriate for individuals age 10 and older.

Bottom of Form

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